Pre-heat the oven to 300° F / 150°C.
Puree the following ingredients in your blender or food processor.

1. 3 small tins of salmon
2. 3 cloves of garlic
3. 2 eggs
4. 1 tin sardines packed in water (optional)

Place 2 cups of your choice of the following flours: spelt, rice, barley, oat, rye flour (or a combination) in a bowl (whole wheat flour is fine as long as your dog doesn’t have a wheat allergy).

Pour the mixture from the blender into the bowl of flour and mix.

Spread the mixture on a well-greased cookie sheet.

Bake for approximately 20 minutes or until a toothpick comes out clean.

Cut into strips, freeze and thaw as needed.

Remember, these treats contain fish and are not preserved so treat them as you would fresh fish. It’s best to keep them frozen until needed to prevent them from spoiling. You can thaw the strips in your microwave as required.